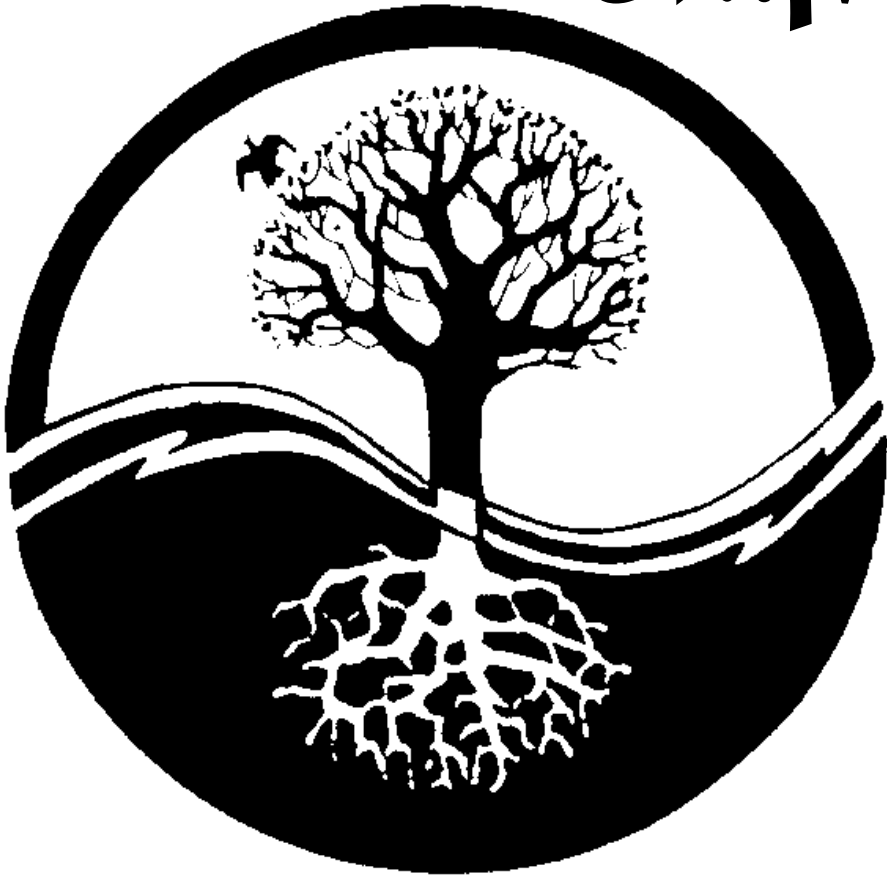


# Tai Chi Chuan In Skyway Park



**This Summer**  
**Saturdays**  
**10:30AM**

Come join us Saturday mornings at 10:30am in Skyway Park for this free and enjoyable summer program. Tai Chi is a gentle, low impact, non-violent exercise that will help you keep in shape and build connections with your neighbors and local community. Don't be shy! Tai Chi is effective, fun, and appropriate for all ages and all physical conditions.

For information e-mail Joe Royce at [shamanmonkey@gmail.com](mailto:shamanmonkey@gmail.com)

This program is sponsored by your friends at:

*Skyway Solutions*

A Community Agenda for Revitalization